



Hi Everyone! I'm going to show you that sowing wildlife friendly flowers is child's play!! All you need is some seeds and a smile! Best time of year is Springtime, March – May.

**Step 1.**



First, you need to pour your seeds into a big bucket of sand or vermiculite (you can get it from garden centres).

### Step 2.



You can see how tiny all the seeds are – there are millions of them! That's why we need to mix them with something, so we can separate the seeds from each other. It also helps when you sowing to see where you've sowed!

### Step 3.



Now roll your sleeves up and get stuck in! Give them a good old mix round.



Step 5: It's time to get to work! You're preparing the soil for lawns that are also growing well raised and



Step 5: This bucket is heavy — where's a grown up when you need one? Drinking tea and eating



Step 6: Now for the fun bit!! Get sowing!! Get stuck in and chuck it everywhere!



Step 6: Since you've now seen where you've already sowed! That's why its great to use the sand or





Wow!!! Perfect!! Now all we need to do is wait a few weeks...better go and wash my



Et voila! Look at the wonderful colours!! The bees and birds love it!



Now lots do some Exploring! We don't even need Dora and Boots...



Hey, look a Worm! Amazing!



Look Mum, A tiny froglet! Wildlife really loves my wildflowers!! Why don't you give it a try!